

職業治療服務

Occupational Therapy Service

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 JCAGERS



賽馬會a家

Jockey Club | age at home

樂齡科技教育及租賃服務

Gerontech Education and Rental Service

assess 評估
assist 支援
assemble 組裝
apply 應用
assure 清潔及保養



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賽馬會「**α**家」樂齡科技教育及租賃服務為有需要人士提供專業的職業治療服務。計劃的職業治療師會先為客戶進行評估，因應其需要、活動功能、日常生活上的自理能力及環境因素考慮等，介紹及建議使用不同種類的日常生活輔助器材，例如：輪椅、浴椅、扶手、醫療護理床、移位機等。同時會指導使用者及其照顧者適當地應用輔助器材，增強使用者進食、梳洗、穿衣、如廁、洗澡等的自我照顧能力，減輕照顧者壓力和提高照顧時的安全性，提升生活質素。

Jockey Club “age at home” Gerontech Education and Rental Service (JCAGERS) provides people in need with professional occupational therapy service. Occupational therapist will first conduct evaluation for clients. They will consider factors such as individual needs, functional ability, self-care ability and home environment before introducing and recommending different aid equipment for daily use such as wheelchair, shower chair, handrail, hospital bed, hoist, etc. They will also provide guidance to users and carers the appropriate method to use the equipment that helps to strengthen users’ self-care ability such as eating, grooming, dressing, toileting and bathing. It reduces carers’ stress and increase safeness when providing care and hence increase the living quality.

服務範圍

Scope of Services



日常生活功能評估

Activities of Daily Living (ADL) Assessment

為服務使用者進行日常生活功能評估，按他們的能力，指導不同的日常生活技巧，以提高安全性及其獨立自主能力。

To assess service users' daily self-care activities and provide guidance to cope with different daily tasks based on individual case and hence improve the safeness and independence.

認知能力評估

Cognitive Assessment

為服務使用者進行認知能力評估，以便及早發現可能與輕度認知障礙或認知障礙症相關的認知功能衰退徵兆，並及時提供適切的治療和訓練，以減低其對日常生活的影響。

Conduct cognitive assessments for service users to detect early signs of cognitive decline that may be associated with Mild Cognitive Impairment (MCI) or dementia. Early detection enables timely and appropriate treatment and training to minimize its impact on daily life.

樂齡科技輔助器材建議及訓練

Recommendation on Gerontechnology Equipment and Training

因應個人的能力及需要，會為服務使用者建議合適的輔助器材，並訂立一套個人化的訓練，令他們能掌握輔助器材的應用。

Based on each individual's abilities and needs, suitable gerontechnology equipment will be recommended, along with personalized training to help them master the use of this equipment.

照顧者技巧訓練

Training for Carers

了解到照顧者會遇到不同種類的問題，專業團隊會以個人或小組形式，提供適當的照顧技巧訓練，以減輕照顧者的壓力。

Individual or group training will be provided on caring skills and techniques to carers to tackle different kinds of situations and alleviate the stress of carers.

家居環境安全改善

Home Safety Recommendation

經評估後，因應服務使用者活動能力及其家居環境情況，職業治療師會作出家居安全改善建議。按個別需要，可為其提供上門或以視像形式進行家居評估。

Occupational therapist will make recommendation on home safety after assessing service users' functional ability and living environment. Home assessment can be arranged on-site or virtually based on individual needs.

服務對象

Eligibility

18歲或以上人士

經本計劃的樂齡科技應用指導員初步了解需要和情況後，按客戶個別需求，可轉介至職業治療服務。

Persons aged 18 or above

After the preliminary screening by JCAGERS Care Equipment Counsellor, people who require professional recommendations will be referred to occupational therapy service.

申請方法

How to Apply

請聯絡我們，以便根據使用者的具體需要提供建議。

Please contact our staff for providing recommendations regard to specific needs of each individual.

服務收費

Service Charge

職業治療服務會按客戶需要，到戶或於中心內進行（每節一小時）

Occupational therapy services will be provided at clients' home or at our service centre based on their needs. (Each session lasts an hour)

上門服務

Home-based Service

\$1,300

中心服務

Centre-based Service

\$800

本計劃獲香港賽馬會慈善信託基金捐助，部分正在接受政府提供每月現金津貼的有需要人士可享優惠收費，詳情可向職員查詢。

JCAGERS is funded by The Hong Kong Jockey Club Charities Trust. People in need receiving monthly allowance from the Government can enjoy concessionary rates. Please contact staff for details.



賽馬會「a家」 樂齡科技教育及 租賃服務中心

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 JCAGERS

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主辦機構 Project Organiser



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