

教育及 租賃服務中心

Education and
Rental Service Centre

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 JCAGERS



賽馬會a家

Jockey Club | age at home

樂齡科技教育及租賃服務

Gerontech Education and Rental Service



賽馬會「a家」 樂齡科技教育及 租賃服務中心

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賽馬會「a家」樂齡科技教育及租賃服務中心由香港紅十字會及基督教香港信義會社會服務部合作營運。中心開放予公眾人士參觀、參加各類型教育活動、並為有需要人士提供一站式的評估及租賃服務。我們期望能以中心作為平台，為長者和照顧者提供樂齡科技應用的資訊、個人諮詢、指導和訓練，從而提升長者和照顧者居家安老的信心和能力。

The Jockey Club “age at home” Gerontechn Education and Rental Service Centre is jointly managed by the Hong Kong Red Cross and Evangelical Lutheran Church Social Service – Hong Kong. The Centre is open to the public. There are various kinds of education activities for visitors to join, and one-stop assessment and consultation services to people in need.

The Center also serve as a platform to provide gerontechn information, personal consultation, guidance and training to elders and carers to build up their capability and confidence of “ageing in place”.

活動

Activities



導賞團

Guided Tour

中心內設有各種樂齡科技器材的模擬家居佈置，讓長者、照顧者及公眾親身體驗樂齡科技器材。

There is a simulated living space with various kind of gerontechnology equipment in the Centre allowing elders, carers and public to have a firsthand experience on gerontechnology equipment.

互動體驗工作坊及講座

Interactive Workshop and Seminar

設有不同主題的互動工作坊和講座，讓有興趣人士深入了解並選擇合適的樂齡科技器材，中心職員會在活動中示範器材的實際操作。

Workshop and seminar are available for those who wish to learn more and select suitable gerontechnology equipment. There will be demonstrations delivered by our staff.

專題展覽

Themed Exhibition

中心定期舉辦與樂齡科技及健康相關的專題展覽，讓長者、照顧者及公眾了解實用資訊及社區資源。

The Centre organises themed exhibitions featuring various gerontechnology and health related topics regularly to enable elders, carers and the public to learn more useful information and community resources.



諮詢服務

Consultation Service



職業治療諮詢服務

Occupational Consultation Service

由中心職業治療師為服務使用者進行評估，因應其需要、活動功能、日常生活自理能力及環境因素考慮等，介紹及建議不同種類的樂齡科技器材；並指導服務使用者及其照顧者適當的使用方法，以增強長者自我照顧能力，如進食、梳洗、穿衣、如廁、洗澡等，同時減輕照顧者壓力和提高照顧時的安全性，以提升生活質素。如需要職業治療師提供專業建議，經樂齡科技應用指導員初步評估後，可轉介相關服務。

Occupational therapist will conduct on-site evaluation for service users with consideration of factors such as individual needs, functional ability, self-care ability and home environment before recommending different aid equipment for daily use. They will also provide guidance to service users and carers on appropriate equipment usage that helps strengthen elderly's self-care ability such as eating, grooming, dressing, toileting and bathing. At the same time, it reduces carers' stress and increase safeness when providing care and hence increase the living quality.

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