

職業治療服務

Occupational Therapy Service

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樂齡科技教育及租賃服務

Gerontech Education and Rental Service

assess 評估
assist 支援
assemble 組裝
apply 應用
assure 清潔及保養



職業治療服務

Occupational Therapy Service

計劃的職業治療師會先為服務使用者進行評估，因應其需要、活動功能、日常生活上的自理能力及環境因素考慮等，介紹及建議使用不同種類的日常生活輔助器材，例如：輪椅、浴椅、扶手等。同時亦會指導使用者及其照顧者適當地應用輔助器材，增強服務使用者進食、梳洗、穿衣、如廁、洗澡等的自我照顧能力，減輕照顧者壓力和提高照顧時的安全性，提升生活質素。

Occupational therapist will first conduct evaluation for service users. They will consider factors such as individual needs, functional ability, self-care ability and home environment before introducing and recommending different aid equipment for daily use such as wheelchair, shower chair, handrail etc. They will also provide guidance to users and carers the appropriate method to use the equipment that helps to strengthen users' self-care ability such as eating, grooming, dressing, toileting and bathing. It reduces carers' stress and increase safeness when providing care and hence increase the living quality.

服務範圍

Scope of Services



日常生活功能評估

Activities of Daily Living (ADL) Assessment

為服務使用者進行日常生活功能評估，按他們的能力，指導不同的日常生活技巧，以提高安全性及其獨立自主能力。

To assess service users' daily self-care activities and provide guidance to cope with different daily tasks based on individual case and hence improve the safeness and independence.

認知能力評估

Cognitive Assessment

為服務使用者進行認知能力評估，若能及早發現認知障礙症的徵兆，可及時作出合適的治療和訓練，以減低認知障礙症對日常生活的影響。

The assessment can help to detect warning signs of cognitive impairment. Early diagnosis of cognitive impairment with appropriate treatment and training can minimise the impact to daily life.

樂齡科技輔助器材建議及訓練

Recommendation on Gerontech Equipment and Training

因應個人的能力及需要，會為服務使用者建議合適的輔助器材，並訂立一套個人化的訓練，令他們能掌握輔助器材的應用。

Based on individual's ability and needs, recommendation will be made to service users the suitable gerontech equipment and create personalized training allowing them to master the application of equipment.

照顧者技巧訓練

Training for Carers

了解到照顧者會遇到不同種類的問題，專業團隊會以個人或小組形式，提供適當的照顧技巧訓練，以減輕照顧者的壓力。

Individual or group training will be provided on caring skills and techniques to carers to tackle different kinds of situations and alleviate the stress of carers.

家居環境安全改善

Home Safety Recommendation

經評估後，因應服務使用者活動能力及其家居環境情況，職業治療師會作出家居安全改善建議。按個別需要，可為其提供上門或以視像形式進行家居評估。

Occupational therapist will make recommendation on home safety after assessing service users' functional ability and living environment. Home assessment can be arranged on-site or virtually based on individual needs.

服務對象

Eligibility

年滿 60 歲或以上人士，因身體機能問題影響活動能力，經樂齡科技應用指導員初步評估後，如有需要，會轉介職業治療師為服務使用者提供專業建議及相關評估。

Anyone aged 60 or above is eligible for a brief screening by care equipment counsellors (CEC) to determine the suitability for a referral to the occupational therapy service.



醫生轉介書 Doctor's referral

如有需要，職業治療師會要求接受職業治療人士，必須先由香港註冊西醫(普通科、專科)轉介。醫生轉介書必須於六個月內由醫生簽署並蓋章方為有效。

On a case-by-case basis, our Occupational Therapists might require the applicants first be referred by a Hong Kong registered medical doctor (general or specialist). The doctor's referral form must be signed and stamped by the doctor within six months to be valid.



服務收費

Service Charge

收費會按照所提供的職業治療服務和所需治療時間而有所不同，詳情請向中心職員查詢。

Fees and charges will vary depending on the types of service and treatment time provided, please check with the center staff for more details.

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